# St. Xavier's College, Mahuadanr Latehar-822119, Jharkhand

1. Title of the Program : Life Skill Program on Indigenous

**Food** 

2. Place : LT – 2

3. Organizing Department / Cell : History

4. Date/Duration : 19th January 2024

5. Number of Participants : 23

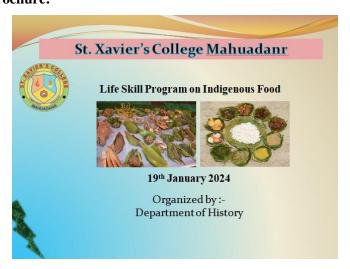
6. Objective : To acquaint the students with the

knowledge with indigenous food

7. **Detail Description of the Event:** 19<sup>th</sup> January 2024Department of history had organized a session on the topic tribal food habits for the students of semester 2. The program Dr. Dibya Sobha Tigga was the keynote speaker. In the session all the students were asked to do some research on food habit of tribal in remote area of the locality. Many students were asked to present their point of view on food habits after that Dr. Dibya Sobha Tigga explain the facts about the tribal food habits why tribal's village are located in the forest area only. Because most of the food tribal get it from forest. For medicine they depend on herbs and herbal plants are found in forest. Even the forest fruit and food and mostly get from the forest only. Tribal don't depend on the market to get food. Because tribal eat the forest herbs and fruits their immune system is super fine.

This session was concluded with the good feedback from the students and well appreciated with the good information.

### 8. Brochure:

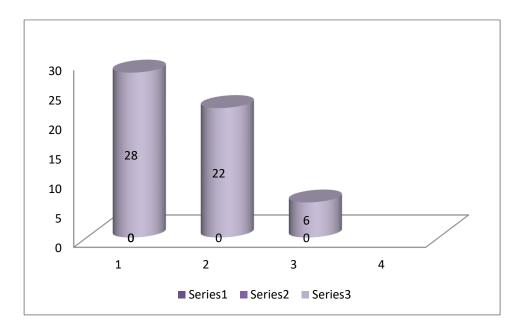


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### 9. **Photo:**



#### 10. Feed back:



### 11. List of Participants:

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#### ST. XAVIER'S COLLEGE MAHUADANR Department of History NAME OF PROGRAM :Life Skill Program on Indigenous Food DEPARTMENT OF HISTORY (LIST OF PARTICIPANTS) ALIN KUJUR Alin kerjun ALPNA KUJUR Alpra Kujuri AMIT TIRKEY Amit Tirkey ANUJ KISPOTTA Any Kispotta ANUPA KUJUR Anupa Kulur ARPAN XALXO Asipan Xalxa Arig Ansari ARIJ ANSARI AYUSH TOPPO ayosh toppo DEEPAK BAXLA Deepak Baxla **EVINTA KERKETTA** Evinto Kerketto JORSIDA TIGGA Jossida Tigga MAMTA TIRKEY manta Turkey Pawan Nagesig PAWAN NAGESIA Bratik Kujur PRATIK KUJUR PRIYANKA KUMARI przyanka Kumari PUSHPLATA XALXO Pushplata Xalxo RAJAN KACHHAP Rajom Kachhap RANJIT TIRKEY Pringit Tirkay RAVINA KUMARI Ravina Kumari RITIK KUMAR GUPTA Ritik kn. Gupta URMILA BRIJIYA VANDANA TOPPO VIVEK KERKETTA AHSWAN KISPOTTA RANJAY KUJUR NIVEDITA GIDH Gudh KIRAN KUMARI Kumare NISAL TOPPO Principal Department of History St. Xavier's College Mahuadanr Principal HoD Department of History St. Xavier's College St. Xavier's College Mahuadanr Mahuadanr,Latehar Jharkhand - 822119